WELCOME COACHES, OFFICIALS, AND ATHLETES Boston Sports Institute November 15-17, 2024 Charles River Aquatic Club Distance & Specialty Meet

IMPORTANT CONTACTS:

Dan Warner, Meet Director & Entry Chair 978-852-3985 (danwarner1955@gmail.com) Derek Helmer, Meet Referee 978-833-0763 (<u>dhelmer1970@gmail.com</u>)

We are looking forward to hosting you at the CRA Specialty Meet on November 15-17, 2024. The meet is very full and it is important everyone is on the same page.

DEDICATED MEET WEB PAGE: Everything regarding all aspects of the meet will be posted on the meet webpage. Please direct all swimmers and parents to the page for information needed. The website Link: <u>https://charlesriveraquatics.com/specialty-meet-w-distance-at-bsi-nov-15-17-2024/</u>

FINANCIAL FORMS & PAYMENT: Charles River Aquatics has moved to an electronic payment format (similar to OME). In accordance with New England Swimming rules, payments must be sent with the entry, so no entry shall not be considered complete without payment. In the rare instance that an electronic payment is not possible, please contact Dan Warner (<u>danwarner1955@gmail.com</u>). Please have your banking login info OR your bank name, routing number and bank account number ready (these can be found on your check) and complete payment through the link below

https://fs18.formsite.com/suMOJL/gijpxypeqx/index

Date	Session Name	Warm up	Start
Friday, November 15, 2024	Distance Session	5:00-5:40 PM	5:45 AM
Saturday, November 16, 2024	12 & Under Session	7:30-8:40 AM	8:45 AM
Saturday, November 16, 2024	13 & Over Session	3:15 – 4:15 PM	4:20 PM
Sunday, November 17, 2024	12 & Under Session	8:15-9:15 AM	9:20 AM
Sunday, November 17, 2024	13 & Over Session	3:15 – 4:15 PM	4:20 PM

SESSIONS BREAKDOWN

TIMERS AND VOLUNTEER WORKERS: Due to the session sizes, we will need volunteers for timers. We are asking each team for help, please see timing assignments. Timers will meet in the wet corridor to the pool 20 minutes before the start of the session for their briefing and will then be escorted to the timing area on deck. Teams are more than welcome to rotate parents throughout the sessions for their lane responsibility, however when timer shifts have ended they must leave the deck. If any team cannot help, please let us know by Wednesday, November 14, 2024, and we will offer those opportunities to get parents on deck to other teams.

MEET FORMAT:

Friday Distance Events - will be seeded fastest to slowest and swimmers must provide their own timer and counter. All Saturday & Sunday events will swim slowest to fastest.

TIME TRIALS: Time trials will be offered at the discretion of the Meet Director and the Meet Referee if time allows.

WARM UP SAFETY: For all sessions, swimmers must utilize a "sit and slide"/"three-point" entry to enter the pool for warm-ups, by first sitting on the deck, and then sliding, feet-first, into the pool.

PRE-MEET SCRATCHES: If you have anyone who will not be attending the meet, please email Dan Warner at danwarner1955@gmail.com with those scratches prior to 9:00 PM Thursday November 14, 2024. We will use scratch sheets for each session at the meet as well, which will be due by the finish of the <u>first</u> warm up of each session.

TEAM ENTRY LIST: Please review your attached entry and get any issues back to Dan (<u>danwarner1955@gmail.com</u>) by 9:00 PM Thursday 11/14/24.

MEET STREAMING: All information is available by clicking on link provided:

Link: https://cra.vhx.tv/products

MEET MOBILE & HEAT SHEETS: Meet mobile will be active throughout the meet and free heat sheets will also be posted through meet mobile and on the meet web page.

REGISTRATION ISSUES: Please confirm with NE Swimming any registration issues with your swimmers by Thursday at 5:00 PM with the NE Swimming office.

TIME UPDATES: will be accepted until the Monday before the meet.

SPECTATOR AREA: Spectator balcony is open at no cost.

OFFICIALS: Please contact the Meet Referee, if interested/available to officiate.

HOSPITALITY: There will be food provided for officials and coaches throughout the meet.

EVENT FORMAT: All events will be timed final.

ENTERING & EXITING POOL AREA: Everyone is to enter the natatorium via the wet corridor. Do not have swimmers arrive more than 5 minutes before their warmup time, the pool door will be open for coaches and officials 15 minutes before each session's start of warm-ups.

QUESTIONS: Please direct all meet questions to Dan Warner at 978-852-3985 or danwarner1955@gmail.com.